

### Outline of School's Programme 2010

The course consists of 3 sessions approximately 1.5 hours each, the sessions are run as interactive workshops, where the students are facilitated to explore the issues of sexuality and relationships, relevant to their age group.

The aim of AIDS West' educational programme is to improve the sexual health of young people in Ireland; the objectives of the educational sessions are ...

1. To empower young people to build positive and healthy relationships
2. To raise awareness of the negative outcomes of unsafe sexual activity
3. To improve knowledge and inform the students on (a) the human reproductive system, (b) the different types of STI's, their transmission and treatments, and (c) the different types of contraceptives.

In order to cover costs AIDS West have the minimal charge of €200 for the 3 sessions, and where appropriate travel costs.

We do our best to facilitate every school to become involved in our sexual health education programme. The optimum class size for facilitation and to support interaction would be 20 students (approx) per group.

